

## 2023 TCS New York City Marathon /Team Stop the Clot® Virtual Application

The National Blood Clot Alliance (NBCA) is pleased to announce that we are accepting virtual participants for **Team Stop the Clot**<sup>®</sup> for the <u>2023 TCS New York City Marathon</u>.

Participants applying can create their own marathon course, and either complete the marathon by walking, jogging, or running! Each virtual participant is encouraged to create a fundraising page and set their own fundraising goal. Team Stop the Clot<sup>®</sup> will provide

members with special amenities including, fundraising assistance and monthly zoom training calls. Those who raise \$500+ will receive a Stop the Clot® t-shirt, and those who raise \$1,500+ will receive a Stop the Clot® racing jersey. Additionally, our Team Stop the Clot® social media pages offer guidance and camaraderie from past marathoners and endurance athletes. We also offer support through <u>Team Stop the Clot® Facebook Group</u> and through our <u>Strava group</u>. We encourage you to join these groups at any time. Please complete the application below and email it to jthompson@stoptheclot.org.

Name:					
Mailing Address					
City:			State:		Zip:
Phone:	(h)	(c)		(w)	
E-Mail:					
Gender:		Date of Birth (month/date/year)			
Employe	er:				

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How did you hear about Team Stop the Clot<sup>®</sup> and why do you wish to participate?

Do you have a special interest in blood clots or clotting disorders? Will you be running in honor or in memory of someone you know?\_\_\_\_\_

What is your personal fundraising **goal**? What activities will you do to reach your goal?