STOP THE CLOT®
BLOOD CLOT AWARENESS: KNOW THE SIGNS & SYMPTOMS

Swelling in the leg
Tenderness leg cramps
Out of breath
Pass out lightheaded
Chest pain back pain when breathing
Leg discoloration (red/blue hue)
Overdrive racing heart
Time call for help 911

Learn more about blood clots here
stoptheclot.org

National Blood Clot Alliance
@stoptheclot
Stop The Clot®