#### Stop The Clot<sup>®</sup> Forum

#### A Patient Forum About Blood Clots

#### What:

A patient forum about preventing, treating and managing blood clots and clotting disorders. Presentations by national experts in the field.

#### Who:

Patients, their family members and friends, as well as anyone interested in learning more about blood clots and clotting disorders are welcome.

#### When :

Saturday, October 19, 2013 7:30 am – 8:15 am Continental Breakfast 8:15 am – 12:30 pm Program

Please register by October 14, 2013. Register online at www.stoptheclot.org/boston.htm

#### Where:

O'Keeffe Auditorium Massachusetts General Hospital 55 Fruit Street, Boston, MA 02114

Validated parking is available in the Fruit Street and Parkman Street garages in front of the hospital (directly off Cambridge Street.) Please bring garage ticket inside with you for validation.

Public transportation is also available. Please visit www.massgeneral.org/visit/directions for more information.

Use main entrance to Hospital. Follow signs for the Blake/Ellison corridor on the 1st floor to locate O'Keeffe Auditorium.

#### **Presenters:**

Jack E. Ansell, MD, MACP Professor of Medicine New York University School of Medicine Past Chair, NBCA Medical and Scientific Advisory Board

Katherine P. Cabral, PharmD, BCPS, CACP Assistant Professor, Pharmacy Practice Albany College of Pharmacy and Health Sciences Albany Medical Center

Diane DeTour, BS, RN, CACP Staff Nurse Anticoagulation Management Service Massachusetts General Hospital

#### Michael R. Jaff, DO, FACC, FAHA Associate Professor of Medicine Harvard Medical School Chair, Massachusetts General Hospital Institute for Heart, Vascular and Stroke Care

Andra H. James, MD, MPH John M. Nokes Professor of Obstetrics & Gynecology Division of Maternal-Fetal Medicine University of Virginia

Lynn B. Oertel, MA, ANP, CACP Clinical Nurse Specialist Anticoagulation Management Service Massachusetts General Hospital NBCA Medical and Scientific Advisory Board 120 White Plains Road Suite 100 Tarrytown, NY 10591







Saturday October 19, 2013 7:30 am - 12:30 pm



Massachusetts General Hospital O'Keeffe Auditorium 55 Fruit Street Boston, MA 02114

This meeting is supported by Grant # 5U27DD000545-05 from the Centers for Disease Control and Prevention.

## Saturday, October 19, 2013

This half-day program will offer insights into everything you ever wanted to know about blood clots and clotting disorders. Experts in the field will provide education, information and practical tips to help you take charge of your health.

## Participants will:

- Learn about the risk factors, signs and symptoms of blood clots.
- Understand the impact of clotting disorders on blood clots.
- Gain knowledge about safe use of blood thinners.
- Learn from those who have experienced a blood clot.

## Who should attend?

- Anyone:
  - scheduled for a hospital stay
  - considering major surgery
  - choosing hip or knee replacement
  - immobilized in bed or with a cast
  - with active cancer and on chemotherapy
  - with chronic illness
  - in a nursing home
- Women on hormonal replacement or hormonal birth control
- Pregnant women or those who recently gave birth.

## How to Register:

www.stoptheclot.org/boston.htm

- **)** 617.529.1054
- National Blood Clot Alliance
  120 White Plains Road Suite 100
  Tarrytown, NY 10591

National Blood Clot Alliance Stop The Clot<sup>®</sup> Toll Free: 877-4 NO-CLOT(466-2568)

# Stop The Clot<sup>®</sup> Forum

# A Patient Forum About Blood Clots

- 7:30 am Registration and Continental Breakfast
- 8:15 am Welcome and Introductions Lynn Oertel, ANP
- 8:30 am Are You at Risk for Blood Clots? Jack Ansell, MD
- 9:15 am All About Blood Clot Treatment and Prevention Michael Jaff, DO
- 10:00 am Break
- 10:30 am **Patient Experiences with Blood Clots** Diane DeTour, RN
- 11:15 am Women and Blood Clots Andra James, MD
- 11:45 am **Practical Safety Tips about Blood Thinners** Katherine Cabral, PharmD

## 12:15 pm Closing Remarks





# **Boston**, MA

## Stop The Clot<sup>®</sup> Forum Registration Form

Attendee Information: (Please include the names of all attendees.)

Name (1):
Name (2):
Name (3):
Contact Name:
Street:
City/State/Zip:
Phone:
E-mail:

## **Questions? Please contact:**

Judi Kaplan Elkin Director of Regional Development and Education National Blood Clot Alliance 617.529.1054 or jelkin@stoptheclot.org

## Please complete this form and mail to:

National Blood Clot Alliance 120 White Plains Road – Suite 100 Tarrytown, NY 10591

or

Register online at www.stoptheclot.org/boston.htm

## Registration is due by October 14, 2013

