

STOP THE CLOT, **SPREAD THE WORD™**



Pregnancy and childbirth can increase the risk for blood clots

A woman is at increased risk up to 3 months after her baby is born.

Risks for blood clots during pregnancy, childbirth, and up to 3 months after the baby is born include



Prolonged immobility due to bed rest during pregnancy or recovery after delivery



A previous blood clot, a family history of clots, or a genetic blood clotting disorder



Delivery by C-section



Pregnancy at age 35 or older



Overweight or obesity



Smoking



Certain pregnancy complications, such as pregnancy with multiple babies or the use of fertility treatments involving hormones

Visit www.stopthecлот.org/spreadtheword for more information.



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