

STOP THE CLOT, **SPREAD THE WORD™**



Hospitalization Can Increase the Risk for Blood Clots

Hospitalization, particularly involving physical trauma, surgery, or prolonged immobility, increases the risk for blood clots.



PHYSICAL TRAUMA

Injury to a vein that may be caused by a broken bone, muscle injury, or other serious injury to the body.



SURGERY

Major surgery, particularly of the pelvis, abdomen, hip, or knee.



IMMOBILITY

Confined to a bed or wheelchair for long periods of time due to a hospital stay, injury, or illness.

OTHER RISK FACTORS INCLUDE

- Pregnancy • Cancer and its treatment • Family or personal history of blood clots
- Birth control or hormone therapy with estrogen • Smoking • Overweight • Age 55 or older
- Long-term diseases such as heart or lung conditions, or diabetes

Visit www.stoptheclot.org/spreadtheword for more information.



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